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# Manitoba Soccer Association Inc.

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## THE GRASSROOTS OBJECTIVES IMPLEMENTATION GUIDE

This document is designed to complement the June 16<sup>th</sup> FAQ update and the Grassroots Center Set Up information.

As questions have arisen regarding the implementation, structure, and goals of the new grassroots soccer model, this document outlines the key operational objectives clubs are expected to meet.

These standards provide clarity on how the philosophy behind the program translates into day-to-day training environments.

By identifying these core implementation targets, we ensure that all clubs, regardless of size or location, have a shared understanding of what success looks like in practice. These objectives are essential to delivering a consistent and high-quality experience for players, coaches, and families across Manitoba.

### SAFE ENVIRONMENT

- Proper field inspection and hazard setup.
- Clear emergency protocols and first-aid readiness (within 1 minute).
- Well-managed arrival and departure procedures for families.
- Climate-appropriate uniforms and coordinated equipment.

### PLAYER MOVEMENT

- Training begins promptly; arrival activities are built in.
- Stations rotate every 10–12 minutes with no more than 3-minute gaps.
- Maintain coach-to-player ratios (U8–U9: 10:1, U10–U11: 12:1 max).
- Technical leads monitor player load and activity levels in real time.

## **PLAYER LEARNING**

- Each session includes 1 theme and 1–3 key coaching points.
- Activities promote decision-making, repetition, and skill transfer.
- Players are grouped for balanced challenge, not status.
- Game-based learning (small-sided, themed, reduced numbers) is a must.

## **PLAYER ENJOYMENT**

- Coaches are expected to build a fun, emotionally safe environment.
- Challenges, encouragement, and celebration are embedded in each station.
- Players must experience different teammates and scenarios over time.

## **ORGANIZED DELIVERY**

- Technical leads conduct pre-session reviews with staff.
- Novice coaches are given one station to repeat and master with support.
- Lead coaches observe, adjust, and mentor — not just supervise.
- Equipment, arrival plans, and roles are pre-assigned to maximize efficiency.

This shift is not just about changing how we train — it's about raising the collective standard of how young players experience soccer.

When clubs commit to these goals, the outcomes follow: better learning, better retention, better soccer.